

Background/Purpose: RA is an autoimmune, inflammatory and chronic disease which aetiology is unknown. It presents different autoantibodies such as RF and ACPA. A population of CD4 T cells expressing CXCR5, Bcl6, PD-1, ICOS, CD40L and IL-21, named Follicular helper T cells (Tfh), collaborates with B cells to produce antibodies. Increased levels of peripheral blood Tfh cells have been implicated in the development of systemic autoimmunity. Differential expression of CXCR3 and CCR6 within CD4⁺CXCR5⁺ T cells defines three major subsets: CXCR3⁺CCR6⁻ (Tfh1), CXCR3⁻CCR6⁻ (Tfh2) and CXCR3⁻CCR6⁺ (Tfh17). The aim is to ascertain if different subsets of CD4⁺CXCR5⁺ T cells are altered in RA patients and if their percentages correlate with disease activity.

Methods: In this study participated RA patients (n=24), healthy controls (HC) (n=22) and undifferentiated arthritis (UA) patients (n=16) (Table 1). Percentage of CD4⁺CXCR5⁺ T cells and their subsets CXCR3⁺CCR6⁻, CXCR3⁻CCR6⁻ and CXCR3⁻CCR6⁺ from PBMCs were analysed by flow cytometry. Pearson or Spearman correlation coefficients were used for statistics.

Results: Figure 1 shows flow cytometry analysis. No differences were found in the % of CD4⁺CXCR5⁺ T cells between RA vs HC or RA vs UA (mean±SD, RA 12,89±7,73; HC 10,48±3,9; UA 11,71±5,04). Either in the % of Tfh1 (12,75 ± 9,72; 11,22 ± 7,48; 12,81 ± 6,13), or Tfh2 (32,66 ± 11,46; 39,53 ± 12,12; 27,56 ± 11,25), or Tfh17 subsets (37,94 ± 11,34; 40,79 ± 8,17; 37,34 ± 7,16) between previous groups (Figure 2). There was not correlation between CD4⁺CXCR5⁺ T cells ($r=-0,19$ $p=0,37$), or Tfh1 ($r=0,09$ $p=0,68$), or Tfh2 ($r=0,36$ $p=0,09$), or Tfh17 ($r=-0,20$ $p=0,35$) vs DAS-28, like either between each subset and ESR ($r=-0,18$ $p=0,39$, $r=-0,08$ $p=0,71$, $r=-0,01$ $p=0,97$, $r=-0,25$ $p=0,23$, respectively). Unexpectedly, there was positive correlation between Tfh17 cells and CRP $r=0,47$ $p=0,021$. Finally, there was not correlation between CD4⁺CXCR5⁺ T cells vs mutated citrullinated vimentin (MCV) $r=0,38$ $p=0,07$, either between Tfh1, Tfh2 and Tfh17 subsets vs MCV ($r=-0,04$ $p=0,84$, $r=-0,14$ $p=0,51$, $r=-0,19$ $p=0,37$, respectively) or all of them vs RF ($r=0,30$ $p=0,15$, $r=-0,18$ $p=0,39$, $r=-0,15$ $p=0,46$, $r=0,01$ $p=0,98$, respectively).

Conclusion: In concordance with our results, CD4⁺CXCR5⁺ T cells and their subsets would not be involved in the RA development.

TABLE 1. Summary of Patients and Donors in the Study

	RA (n=24)	HC (n=22)	UA (n=16)	RA vs HC p value	RA vs UA p value
Sex, F/M	21/3	19/3	13/3	0,77#	0,93#
Age, * years	51 ± 10	49 ± 10	52 ± 11	>0,05	>0,05
WBC, * n°.10 ⁹ /L	6,98 ± 1,85	7,23 ± 1,96	6,84 ± 1,74	>0,05 [§]	>0,05 [§]
Hgb, * g/L	12,6 ± 1,91	12,6 ± 0,98	12,96 ± 1,07	>0,05 [§]	>0,05 [§]
Plat* n°.10 ⁹ /L	255 ± 80	254 ± 41	249 ± 59	>0,05 [§]	>0,05 [§]
ESR,* mm/h	25 ± 21	9 ± 6	14 ± 12	<0,01 [§]	>0,05 [§]
CRP,* mg/L	18 ± 14	9 ± 2	14 ± 8	<0,01 [§]	>0,05 [§]
RF +, n (%)	19 (79)	0 (0)	0 (0)	<0,0001 [#]	<0,0001 [#]
MCV**, UI/L	75,0(7,7-530,0)	2,8(2,3-5,3)	2,9(2,5-3,8)	<0,001 [§]	<0,001 [§]
IgG*, mg%	1310 ± 338	1325 ± 257	1212 ± 336	>0,05 [#]	>0,05 [#]
IgM*, mg%	220 ± 88	169 ± 55	179 ± 60	<0,05 [#]	>0,05 [#]
IgA*, mg%	363 ± 126	313 ± 80	261 ± 114	>0,05 [#]	<0,05 [#]
C3*, mg%	112 ± 33	119 ± 26	130 ± 30	>0,05 [#]	>0,05 [#]
C4*, mg%	24 ± 9	26 ± 7	31 ± 8	>0,05 [#]	<0,05 [#]
DAS-28*	5,16 ± 1,35	-----	-----	-----	-----

*Value given in mean ± SD

**Value given in median and interquartile range (P₂₅₋₇₅)

Chi-square test

§ One-way ANOVA test (post test Bonferroni)

*Kruskal-Wallis test (post test Dunn)

Statistically significant p values (p<0,05) are shown in bold

RA: Rheumatoid Arthritis, HC: Healthy Control, UA: Undifferentiated Arthritis, WBC: White Blood Cell, Hgb: Hemoglobin, Plat: Platelets, ESR: Erythrocyte Sedimentation Rate, CRP: C-Reactive Protein,

RF: Rheumatoid Factor, MCV: anti-Mutated Citrullinated Vimentin, Ig: Immunoglobulin, DAS-28: Disease Activity Score in twenty-eight joints

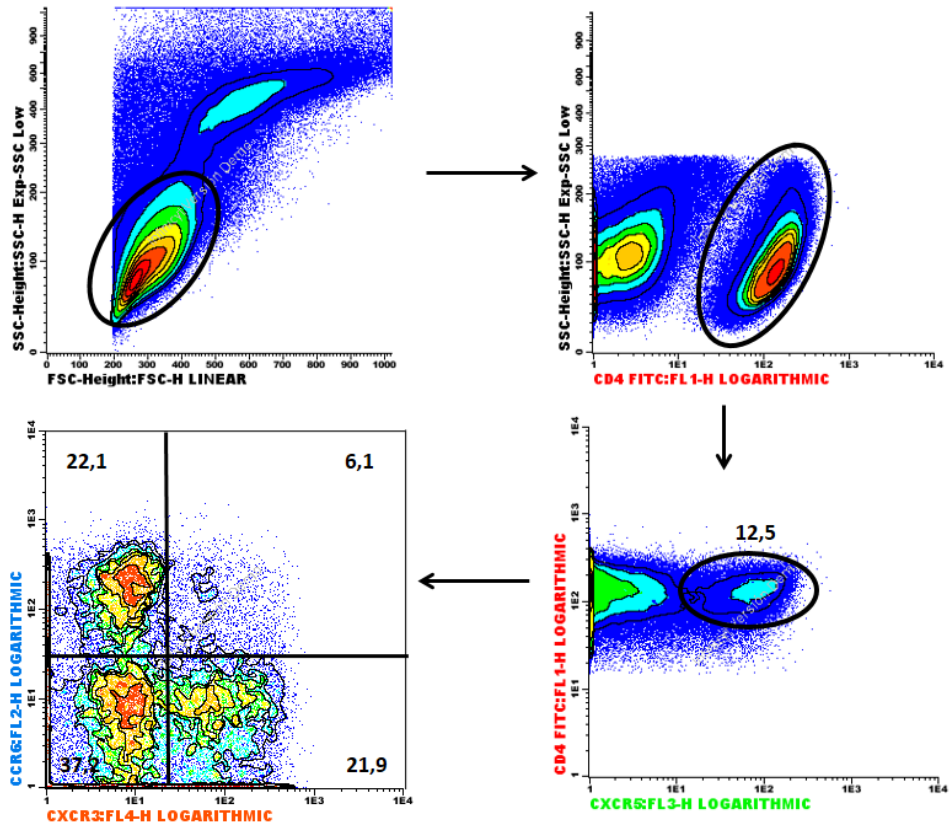


Figure 1. Density contour graph 2D showing gate strategy of a representative experiment from a patient with RA

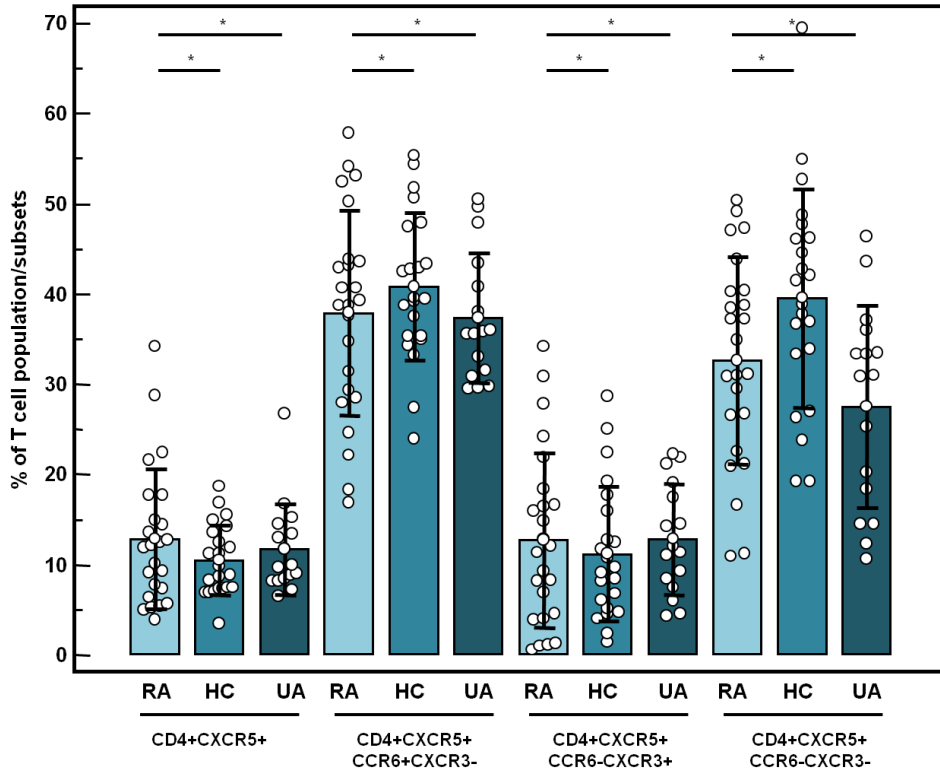


Figure 2. Percentages of CD4+CXCR5+ T cell population and each subset in PBMCs from RA patients, Healthy Controls (HC) and Undifferentiated Arthritis (UA) patients. One-way ANOVA test and Bonferroni post test, * $p > 0,05$